



TAKEAWAYS AT PREGO

Now also to take away.
Pick-up only. Call 0191 7 221 226.

- Vegetarian
- Vegan
- Gluten Free
- It's got a KICK!

All pizza & pasta is available gluten free on request. All pizza is available with vegan cheese on request. (£1 supplement for cheese)

THE STARTERS & SMALL PLATES

CHEF'S SOUP OF THE DAY £4.50

Always vegetarian, always full of goodness and always just like mama made. Served with homemade breads.

BLACK PUDDING ROUNDS £5.95

Pan-fried black pudding rounds, served simply with a creamy, pink peppercorn sauce.

STICKY BARBECUE CHICKEN WINGS £5.95

Juicy chicken wings, marinated and cooked in sticky homemade barbecue sauce. Stacked on a bed with salad leaves.

GARLIC CRISPY CHICKEN £5.95

Juicy chicken breast strips, marinated in buttermilk and coated in a crispy spice crumb. Sliced & served with Amarillo aioli.

FUNGI TRIOLATE £4.95

Juicy mushrooms, sauteed in a pan and served with garlic cream sauce on a toasted focaccia.

HOMEMADE CHICKEN LIVER PARFAIT £5.95

Chicken liver parfait with garlic, thyme and madeira, served with raspberry coulis and bread.

GAMBERONI WITH RUSTIC BREAD £9.50

Giant king prawns in a choice of moreish Prego signature sauces. Choose from garlic, white wine and parsley OR garlic, tomato and chilli sauce.

CALAMARI FRITTI £6.50

Deep-fried, tender squid, marinated in buttermilk and served with homemade Prego aioli sauce.

POTATO SKINS £4.50

Potato skins that are crispy on the outside and soft and fluffy on the inside.

BRUSCHETTA POMODORO £4.95

Did you know that you pronounce the "c" in bruschetta? (This dish comes with a free Italiano lesson.) Toasted bread with piles of fresh chopped tomatoes, finely diced garlic, red onions, fresh basil, oregano, olive oil and, of course, the parmesan. Parmesan can be replaced for vegan mozzarella.

LUXURY PRAWN COCKTAIL £7.95

Plump, cold-water prawns served with Bloody Mary jelly and sat on crisp lettuce, bound in a home-made Marie Rose and brandy sauce.

THE PIZZA

All of our pizza bases use a classic Italian pizza dough, hand-made in-house daily, stretched and left to prove for 24 hours to give an airy dough, full of flavour. We can offer gluten-free dough and/or vegan mozzarella (£1) on request for any pizza.

CLASSICOS

MARGHERITA £8.95

For all the pizza purists. A simple combo of juicy tomato base, Italian herbs, stretchy mozzarella and virgin olive oil.

SPICY PEPPERONI £10.50

A hot little fella, with classic tomato base, juicy mozzarella and stacks of spicy pepperoni, chilli and garlic.

CHICKEN KEV £10.50

Meet Kev. He's our garlicky chicken Kiev pizza, packed with chicken chunks, meaty mushrooms and garlic, stacked on a classic tomato and mozzarella base.

FRUTTI DI MARE £12.95

A seafood medley of deliciousness, including mussels, tiger prawns, tuna and clams. Tossed with red onions, garlic and chilli oil. One of our personal favourites here at Prego.

PIZZA CARNIVORE £11.95

For all the meat lovers, a hunk of chicken, Bolognese, ham and pepperoni, piled on an authentic, juicy tomato and mozzarella base.

NEW KIDS ON THE BLOCK

SALT AND PEPPER CHILLI POLLO £10.95

Crispy crumbed chicken chunks, sweet roasted peppers and lashings of garlic, on a traditional tomato and mozzarella base.

BROOKLYN CHEESEBURGER PIZZA £11.95

Strips of juicy beef burger packed in between mozzarella cheese and streaky bacon with Italian tomato sauce. Topped with a pickles, red onions and real American mustard.

THE PIZZA THAT JACK BUILT £9.50

Spiced jackfruit with char-roasted sweet peppers and wilted spinach. Comes automatically with vegan mozzarella.

HOWDY DUCK HOISIN £11.50

Hand-pulled and shredded duck, tossed with caramelised onions and served on a hoisin sauce and mozzarella base, with a sprinkle of spring onions.

PULLED PORK PIZZA £11.50

Hand-pulled, slow-cooked BBQ pork with bacon jam, caramelised onions, chilli, mozzarella and tangy tomato base.

THE PASTA

Choose from fruits of the sea, Italian classics or spicy plates. All of our pasta dishes use traditional Italian pasta, but all can be done with gluten free pasta on request.

TAGLIATELLE CARBONARA £10.50

This classic Italian dish comes with smoked pancetta, tossed in creamy sauce with parmesan cheese. Finished with black pepper and parsley.

LASAGNE £10.50

Traditional minced pork & beef ragout, cooked in Italian tomato sauce and stacked between layers of pasta. Served simply with bechamel sauce and mozzarella.

SPAGHETTI BOLOGNESE £9.50

Home-made, traditional minced beef and pork Italian ragout, served with spaghetti, fresh parmesan and milled pepper.

RIGATONI SALMONE £11.95

Smoked salmon with a light dill cream sauce. Comes with asparagus tips and just a touch of tomato.

MUSHROOM STROGANOFF £10.95

Tagliatelle mixed with wild mushrooms, coconut milk, paprika and Dijon mustard

RIGATONI PESTO £9.95

Tender chicken and pancetta chunks, coated in a cream, pesto and mascarpone sauce. Can be replaced with additional vegetables and pesto sauce for a vegetarian version.

TAGLIATELLE GORGONZOLA £10.50

Strands of tagliatelle, drizzled with blue cheese, diced onions, mushrooms & peas. Tossed in a creamy sauce.

STROZZAPRETI DIAVOLO £13.50

Hot and spicy nduja sausage with chicken, cream, spinach, garlic and tomato, served on fresh pasta.

LINGUINI SCOGLIO £14.95

A mix of juicy tiger prawns, clams and mussels. Come tossed with garlic, chilli and cherry tomatoes.

I'm on a seafood diet. When I see it, I eat it.

THE BURGERS

All of our burgers are made with premium meat cuts and served with a floury bun and mouth-watering accompanying relishes. Hand-made and chargrilled right here at Prego. All served with crunchy French fries. Upgrade to sweet potato for £1.

PREGO CHEESEBURGER £10.95

A juicy 8oz beefburger, served with cheddar cheese, Prego house relish, tomatoes, lettuce and mayonnaise. Comes with a side of Prego pickle slaw.

EL MACHO £12.95

A truly meaty affair. 8oz premium beefburger with layers of chorizo, smoked bacon and mature cheddar. Stacked with lettuce leaves, tomatoes, caramelised red onions and a side of Prego pickled slaw.

POLLO ITALIANO £11.95

Flattened, tender chicken breast with melted mozzarella, and chorizo. Piled with tomatoes, lettuce leaves, house relish, caramelised red onions and mayo.

THE SERGIO £12.95

As Italian as they come, this 8oz premium beefburger is topped with cheddar cheese and chorizo. Nestled in mayo, lettuce leaves, tomatoes and caramelised red onions and served with a side of Prego pickle slaw.

BUTTERMILK CRISPY CHICKEN £12.95

Juicy, flattened chicken steak, marinated in buttermilk and coated in crispy, spiced crumbs. Layered with tomato and lettuce leaves, house relish, Amarillo aioli and melted cheddar cheese. Served with a side of Prego pickle slaw.

PREGO PLANT BURGER £10.95

The ultimate vegan burger with juicy vegan cheese and caramelised red onions. Nestled in layers of tomatoes and lettuce leaves with vegan mayo and a side of Prego pickled slaw.

DESSERTS

All of our jaw-droppingly gorgeous sweet treats are served your choice of cream or ice cream.

PREGO HOMEMADE CHEESECAKE £4.95

A silky homemade cheesecake over a thin biscuit crust. Our Prego cheesecake changes daily, please check with our team to find out the cheesecake of the day.

TRIPLE-LAYERED WARM CHOCOLATE FUDGE CAKE £4.95

Three sponge layers of chocolatey heaven, filled with chocolate ganache and warmed to oozy perfection.

KNICKERBOCKER IN ALL ITS GLORY £4.95

Tower of mixed chocolate, strawberry and vanilla Italian gelatos. Crammed full of Fresh cream, berries and drizzled sauces. Choice of toppings.

ALL-BUTTER STICKY TOFFEE PUDDING £4.95

Homemade traditional sticky sponge, showered with a toffee sauce topping.

PREGO PANCAKES £4.95

Stacks of fluffy American-style pancakes, layered with a berry puree or chocolate sauce and topped with whipped cream and fresh berries. Choice of toppings.

HOMEMADE BROWNIE WITH CHOCOLATE SAUCE £4.95

Home-made slab of brownie, served gooey and drowned in chocolate sauce and your choice of toppings. Please specify vegan version if required.

CANS OF POP £1.40

Allergens.

Due to the current nationwide challenges, we are using various suppliers for our ingredients and are currently working to update our allergen menu to reflect this. While we are reviewing this data we are sorry but we can not guarantee that any product is completely free from any allergen. Please let your server know if you have any allergens so that this can be checked with the chef, as not all ingredients may be listed on the menu. All dishes are prepared & cooked where allergen ingredients (e.g. nuts, flour etc.) are commonly used. We are sorry for any inconvenience or disappointment that this may cause; the handling of allergens and safety of guests is of the utmost importance to us.

EATEN SOMETHING TASTY?

Please give us a little review on Google or Facebook. It really makes a difference to a business like ours. Every review is entered into a monthly prize draw to win a free meal for two.

THANK YOU!  